DEterminants of Diet and Physical Activity (DEDIPAC) Knowledge Hub

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• Joint Programming Initiative ‘A Healthy Diet for a Healthy Life’ (JPI HDHL)

• Research area 1 - Determinants of diet and physical activity: ensuring the healthy choice is the easy choice for all consumers

• Pilot Action: DEDIPAC Knowledge Hub
Objective

“To understand the determinants, at both the individual and group levels, regarding dietary, physical activity and sedentary behaviours using a broad multidisciplinary approach, including biological, ecological, psychological, sociological, economic and other socio-economic perspectives, and their interrelationships and to translate this knowledge into a more effective promotion of a healthy diet and physical activity.”
Thematic Areas

• TA1: Assessment and harmonisation of measurement methods.

• TA2: Determinants of dietary, physical activity and sedentary behaviour.

• TA3: Evaluation and benchmarking of public health and policy interventions.
My own research

• Reviews on physical activity and sedentary behaviour levels across Europe

• Secondary data analysis to assess determinants of sedentary behaviour
Rationale

• Shared research agenda

• Working together instead of (re)-inventing the wheel simultaneously

• More of everything
Collaborations

- 13 countries
- >70 research institutes
- ±300 researchers
Collaborations

- Joining forces
- Mixing researchers from different backgrounds and countries
- Managing is challenging
Getting things done
Sense of community
Consortium Agreement

• Basic ‘rules’ of the consortium

• Difficult to get partners aligned

• No enforcing power coordinators

• Currently finalizing
DEDIPAC ‘branding’

- Website, newsletter, twitter, etc
- Disseminating scientific work
- Presence at (scientific) meetings
Sustainability

- December 2016: end of DEDIPAC

- Sustaining the consortium?!

- Maintaining the products?!

- Setting up a pan-European cohort?!
Conclusions

- Knowledge Hub = efficient
- Collaborations challenging but worthwhile
- Organisational structure is key
- Important to create sense of community
- Consortium Agreement biggest hurdle
- Branding necessary for visibility
- Sustainability still a question mark
- Overall: successful endeavour
Towards the integration and development of a cross-Europe research network and infrastructure: the DEterminants of Diet and Physical Activity (DEDIPAC) Knowledge Hub.

Lakerveld et al.: Towards the integration and development of a cross-European research network and infrastructure: the DEterminants of Diet and Physical Activity (DEDIPAC) Knowledge Hub.